

## Trustometer Activity

Use this assessment tool to make visible the degree to which trust may be impacting the collaborative relationship

See over for instructions

Trustometer		Place a 1 in one of these boxes				
		Not true		Moderate		Very true
1	I expect them to be reasonable					
2	I expect a fair hearing from them					
3	I feel comfortable sharing information with them					
4	I expect them to be open and honest with me					
5	I'm confident that they won't use information I share against me or my organisation					
6	I am confident that they disclose everything to me					
7	I know that if something important changes they will let me know straight away					
8	I have confidence in their truthfulness					
9	I know that they never say one thing to my face and something different among themselves					
10	I am happy to go and talk to them any time					
11	They are happy to talk to me any time					
12	I know they won't be 'captured' by one perspective					
13	I know who is making decisions on their behalf					
14	I know they are capable and professional					
15	I know they are open minded and willing to listen					
16	I know they are working for the benefit of the collective project					
17	I am willing to share my answers with them					
18	I trust them					

Total marks in each column					
Weighting for each column	1	2	3	4	5
Column total times weighting =					

Total of five columns	
Average score =	(= total / 5)

## The Trustometer

Use this assessment tool to make visible the degree to which trust may be impacting the collaborative relationship. It isn't designed to give you 'the answers' but to help you surface how you are seeing your collaborative partners. Using the tool regularly over time can help you evaluate your changing relationships.

The weighting highlights the value of ticks toward the 'very true' end of the spectrum.

A high score indicates high levels of trust.

A low score indicates low levels of trust.

### Instructions

1. For each question tick the box appropriate to the extent to which the statement is true.
2. When complete, add up the number of ticks in each column.
3. Multiply each column total by its weighting
4. Add up your weighted totals
5. Divide by 5 to get an average 'Trust score'.

### Three options for using the tool

#### 1. Self-Reflection

Complete this worksheet on your own, from your own perspective. Then reflect on causes, implications and potential actions you can take to build trust where necessary.

#### 2. Team Reflection

Complete this together as a team activity, thinking about the group or groups you are collaborating with.

#### 3. Collaborative Group Reflection

Each team completes the worksheet then shares responses safely with the other group to highlight how each sees the other.

Discuss:

- What do I/we see?
- How do I/we feel about these responses?
- What are the implications for our work together?
- What do I/we need to do about it?